

to drink:

please see our board for more info

Square Mile coffee
We Are Tea loose leaf teas
Lemonaid: lime, passion fruit or blood orange
Charitea: Black iced tea
Homemade smoothies: green or blueberry and basil (contains soya)
Meantime Pale Ale and London Lager
Breton Cidre
Guest booze: changes regularly

weekend specials:

The Works

Free-range oak smoked bacon, free-range scrambled eggs, wilted spinach with garlic & sliced avocado on sourdough £8.50
No bacon (v): £6.50

Smoked salmon & scrambled eggs
on toasted sourdough £7.50

Gluten-free breakfast (v, gf)
Free-range scrambled eggs, wilted spinach
with garlic & sliced avocado £5.50

Eggs Benedict
with smoked salmon or free-range bacon £8.50
with smashed avocado (v) £7.50

Canvas Crepes
Homemade French pancakes
with melted cheese & spinach (v) £5.50
add bacon: £2.00
with scrambled egg & smoked salmon £7.50

Looking to hire a unique, creative space for an event? We can host product launches, away days, parties, exhibitions, live performance and much more.

Email hello@thecanvascafe.org for more details

Thank you for supporting this not-for-profit social enterprise. Without you, we couldn't do what we do.

the canvas:

The Canvas Café is a space for you to grow your community. We are a social enterprise that supports innovation in emotional health and well-being through creative events, and you can write on our walls...

Welcome to your Happy Place in London.

Our homemade food is locally and ethically sourced: enjoy

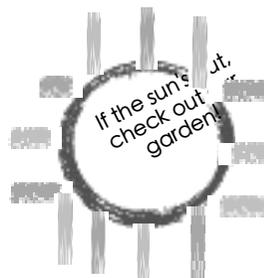
Lovely lunch deal:

Enjoy a main meal (up to £5.90) and a hot drink for just £7

A delicious, homemade cake and tea / coffee for just £4.50

Working here all day? We'll look after you: two hot drinks and a main meal (up to £5.90) for £10

Wine o'clock?
Two glasses of wine for just £8 (175ml), or £12 (250ml)



Twitter: @TheCanvasCafe

Instagram: @TheCanvasCafeE1

www.thecanvascafe.org

on sourdough toast:

available until 5pm

Our bread is from The Dusty Knuckle, a social enterprise bakery in Dalston.

It's fresh every day, and totally delicious.

Jam or marmalade (v) £3.00

Peanut butter and banana (v) £4.00

Smashed avocado, lime and chilli flakes (v) £5.50

Free-range eggs: fried or scrambled* (v) £5.00

- add free-range bacon £2.00

- add avocado £1.00

*we add chives to our free range eggs

sandwiches:

available until 5pm

Cheese toastie (v) £5.50

Keen's cheddar and raclette cheese served with onion mix (tell us if you want your toastie without onion)

Bacon sandwich £5.00

Free-range, RSPCA approved dry cured smoked bacon

Tricolore (v) £5.90

Buffalo mozzarella, fresh tomatoes, lettuce and basil

B.L.T with garlic mayo £5.50

Crispy free-range bacon, lettuce, fresh tomatoes

Spiced chickpea with avocado (vegan) £5.00

Smooth spiced chickpea mash with avocado dressed with lemon juice

Plus every day you'll find freshly made vegetarian / vegan sandwiches on the counter, ready for take away. If we've sold out, we'll make more for you lickety-split.

on the counter:

until we close

We make a fresh main meal every day for the counter.

Main and one salad: £5.00

Two salads: £5.00

- add another salad for just £1.50

on the stove: today's homemade soup or stew with sourdough £4.50

to share: homemade hummus with fresh crudités and sourdough £5.50

All our meals and cakes are available to takeaway

cakes, brownies, tarts:

We'll let your eyes do the talking; please check our counter for today's selection of homemade cakes, made with love in our kitchen by our talented team.

Do tell us if you have an allergy, as our cakes change regularly.

Vegan Freakshakes: £7

Made with homemade vegan ice cream blended with soya milk – ask us to make it with almond milk. Contains nuts – ask us for a nut-free version.

Chocolate: topped with vegan meringue and almond macaron

Raspberry: topped with whipped soya cream, raw cakes and cranberries

Avocado: topped with melted dark chocolate, raw cakes and pistachios

Speak to us if you have an allergy